

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
(SD) Small Dining Room (D) Dining Room (C) Chapel (CL) Centre Lounge (FL) Front Lobby (BL) Nails (behind nursing desk) (RO) Resident Organized	1  New Year's day	2 Fitness:10:30 am-11:30 am (D) Hymn sing (D) 2:45 pm Taking down Decoration	3 Medical Emotion (Wheelchair and Walker services) Bible Study 10:30 am (CL) Nails with Linda (BR) Doctor Wagner 1:30 pm-4:00 pm	4 Hair By Joan 9am till? Anglican Church 11:00 am (C)	5 Hair By Joan 9am till? Sit & Fit 10:00am (SD) <i>Becky</i> Pet therapy 10:30 am <i>Becky</i> Mini Manicures 1:00 pm (SD) <i>Becky</i>	6 Swing bowling 10:00 am (D) <i>Becky</i> Afternoon Matinee & Popcorn 1:30 (SD)
7 Church with Linda Dow (C) 11:00 am Church with Linda Dow (SD) 6:30 pm	8 Cards 2:00 pm (RO)	9 Fitness:10:30 am-11:30 am (D)	10 Bible Study 10:30 (CL) Nails with Linda (BR) Hand Massages 10:00 am (SD) <i>Becky</i> Bingo (SD)1:30pm <i>Becky</i>	11 Hair By Joan 9am till? Baptist Church (C)11:00am Sit & Fit 10:00 am (SD) <i>Becky</i> Happy Hour 1:3 0pm (SD) <i>Becky</i>	12 Hair By Joan 9am till? United Church 11:00 am	13 Afternoon Matinee & Popcorn 1:30 (SD)
14 Church with Linda Dow (C) 11:00 am Church with Linda Dow (SD) 6:30 pm	15 Knitting Group 10:00 am <i>Becky</i> Name that Tune 1:30 pm <i>Becky</i>	16 Fitness:10:30am-11:30 am (Doctor Wagner 9am- 12 pm Pet therapy 10:00 am <i>Becky</i> Bingo 1:30 pm (SD) <i>Becky</i> Hymn sing (D) 2:45pm	17 Bible Study 10:30 (CL) Nails with Linda (BR)	18 Hair By Joan 9am till? Presbyterian Church 11:00 am (C) In-service on at heart health and diabetes 1:30 pm	19 Hair By Joan 9am till? Sit & Fit 10:00 am (SD) <i>Becky</i> Grandbenders 1:00 pm	20 Swing bowling - 10:00 am <i>Becky</i>
21 Church with Linda Dow (C) 11:00 am Church with Linda Dow (SD) 6:30 pm	22 Cards 2:00 pm (RO)	23 Fitness:10:30 am-11:30 am (D) Bingo 6:00 pm (SD) <i>Becky</i>	24 Bible Study 10:30 am (CL) Nails with Linda (BR) Art Program 3:30 pm <i>Becky</i>	25 Hair By Joan 9am till? Catholic Church 11:00 am Sit & Fit 10:00 am (SD) <i>Becky</i> Robbie Burns Day Trivia & Treats 1:30 pm (SD) <i>Becky</i> Don't forget to wear Your Plaid!	26 Hair By Joan 9am till? Town Hall Meeting 10:00 am	27 Surprise Entertainment 2:00 pm
28 Church with Linda Dow (C) 11:00 am Church with Linda Dow (SD) 6:30 pm	29 Knitting Group 10:00 am <i>Becky</i> Birthday Party with Gord Evans's 2:00 pm <i>Becky</i>	30 Fitness:10:30 am-11:30 am (D) Doctor Wagner 9am-12pm Pet therapy 10:00 am <i>Becky</i> Bingo 1:30 pm <i>Becky</i> Hymn sing 2:45pm	31 Bible Study 10:30 (CL) Nails with Linda (BR)	<h1>January</h1>		